

2011 Dual Meet – Maverick Aquatics and Montrose Marlins

- DATE:** December 17, 2011
- SANCTION:** Held Under the sanction of United States Swimming, Inc
- LOCATION:** Colorado Mesa University, El Pomar Natatorium, Hamilton Recreation Center
Corner of 12th St. and Orchard Ave., Grand Junction, CO (970) 248-1058
- FACILITIES:** 8 lane, 25 yard pool, limited continuous warm up and cool down area. Deck seating is available for swimmers and there is seating for 600 in balcony. No smoking or glass containers in building. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.
- TIMING:** Colorado Timing System with touch pads and 8-lane display board will be used for all events. Back-up timing will consist of two buttons and one stopwatch. Hy-Tek Meet Manager 4.0 software will be used.
- SCHEDULE:** Saturday
- | | | |
|----------------|----------------------|--------------|
| Session I: | Warm-up: 9:00 – 9:45 | Start: 10:00 |
| Lunch: | 12:00 – 1:00 | |
| Stroke Clinic: | 1:00 – 3:00 | |

Parents are asked to help run the meet. When the meet is complete, you are welcome to leave your swimmers with the coaches, have a nice lunch, do some holiday shopping, take a nap and then be back to pick them up at 3:00!

- ELIGIBILITY:** Open to all swimmers holding a 2012 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card, or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply: \$27.00 year round and \$14.00 seasonal, plus the normal registration fee. All participants must be dive certified for safety consideration or the swimmer will be required to start in the water from the edge.
- SCORING:**
- | | |
|-------------|------------------------|
| Individual: | 8, 6, 5, 4, 3, 2, 1, 0 |
| Relays: | 10, 5, 3, 0 |
- RULES:** Age as of December 17, 2011 will determine the swimmer's age group. Exhibition swimming will not be allowed.
- All entries must include times or "NT". Submit short course yard times only.
The meet will be pre-seeded. Please provide scratches and relay declarations 45 minutes before each session.
- Courtesy times for the 200 and 500 Free have been set. **Please be courteous of other athletes and coaches by respecting these standards.** 200 Free – 2:45; 500 Free – 7:00
- Colorado Swimming, Inc. warm-up procedures will be observed.
- 102.8 Swimwear: Swimsuits worn for all defined competition shall not cover the neck; extend past the shoulder, nor past the knee. Swimsuits worn for competition must be nontransparent and conform to the current concept of the appropriate. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.
- The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches who are in noncompliance will not be allowed on deck.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Pool depth: Start end: 7 feet – 2.1336 meters Turn end: 7 feet – 2.1336 meters

The use of cell phones or any cameras are prohibited in the locker rooms.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers' responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at www.usaswimming.org.

On deck changing is not allowed.

ENTRIES: All swimmers may swim 3 individual events and 2 relays. All individual and relay events are mixed sexes.

ENTRY FEES: \$15.00 Price includes meet fees, lunch, and stroke clinic.

ENTRY PROCEDURE:

E-mail entries are preferred. "NO TIME" or incorrect times will be placed in the slowest heat. Times for all events should be in short course yards. A current Colorado Swimming Meet Verification Form must accompany all entries.

Email Entries: Email entries to **Cami Kidd at camikidd@gmail.com**.

When you email the entries, also attach a Word or .pdf document of the Hy-Tek Meet Entry Report by swimmer. If you don't receive an email confirmation your entries were not received.

Mail Entries: Please send Team Manager report of meet entries by swimmer, CD, fee report, Meet Verification Form and Payment to Cami Kidd, 2515 Snowmass Ct., Grand Junction, CO 81507.

Entry reports and Psyche sheets will be posted on the Maverick Aquatics website, www.maverickaquatics.com and www.westernslopeleague.org by 6:00 p.m. Tuesday, December 13, 2011. Any corrections must be submitted by Wednesday at noon.

ENTRY DEADLINE:

Entries must be delivered via email by **6:00 p.m., Monday, December 12, 2011.**

DECK ENTRIES:

The meet will be pre-seeded and deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter beginning at the start of each session's warm-ups. Deck entries will close 45 minutes before the start of each session.

PROGRAMS & CONCESSIONS: There will be no programs at the meet. Heat sheets will be posted on the Maverick webpage, www.maverickaquatics.com, and the Western Slope League site, www.westernslopeleague.org, by.

RESULTS: Results (full team manager backup) will be emailed within 5 days to teams entered in the meet. If time and equipment permit, results may be available at the end of the meet. No paper copies of results will be generated unless requested by a coach.

REFEREE:

MEET DIRECTOR:

SAFETY DIRECTOR:

ENTRY CHAIR: Cami Kidd

970-589-4663

2515 Snowmass Ct.

Grand Junction, CO 81507

camikidd@gmail.com

Events Number:

Event:

- | | |
|-----------|---|
| 1 | 11 & Under 100 Medley (2 boys/2girls on each team) |
| 2 | 12 & Over 200 Medley (2 boys/2 girls on each team) |
| 3 | 11 & Under Free |
| 4 | 12 & Over 200 Free |
| 5 | 11 & Under 100 IM |
| 6 | 12 & Over 200 IM |
| 7 | 11 & Under 25 Free |
| 8 | 12 & Over 50 Free |
| 9 | 11 & Under 50 Fly |
| 10 | 12 & Over 100 Fly |
| 11 | 11 & Under 50 Free |
| 12 | 12 & Over 100 Free |
| 13 | 11 & Under 200 Free (Qualifying Time – 2:45) |
| 14 | 12 & Over 500 Free (Qualifying Time – 7:00) |
| 15 | 11 & Under 100 Free Relay |
| 16 | 12 & Over 200 Free Relay |
| 17 | 11& Under 50 Back |
| 18 | 12 & Over 100 Back |
| 19 | 11 & Under 50 Breast |
| 20 | 12 & Over 100 Breast |
| 21 | |